



# Mount Abu Public School

H-Block, Sector 18, Rohini, New Delhi- 110085 India

## Class 1

**January 2021**

**Theme- My Pride, My country**

Dear Parents,

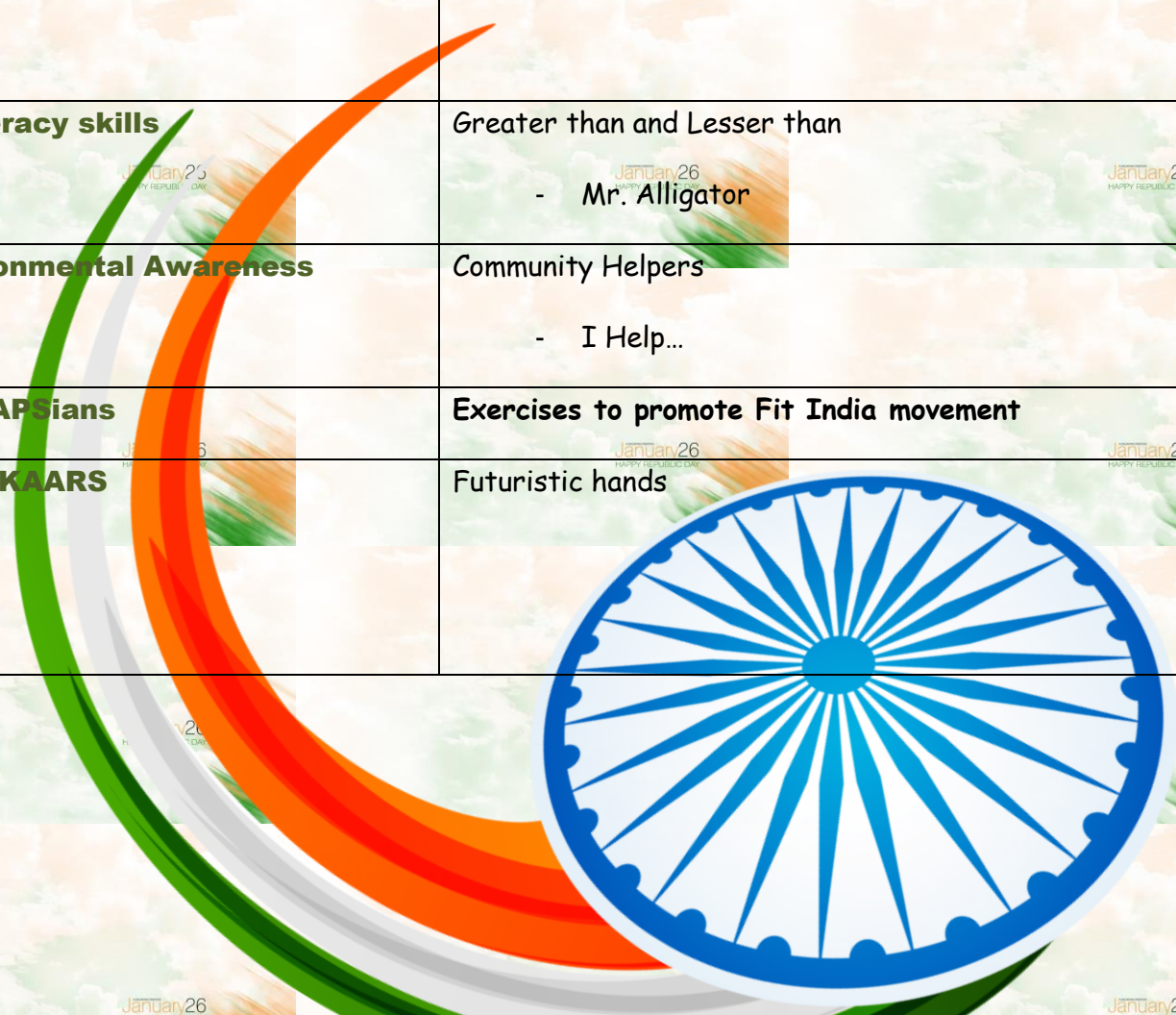
We at MAPS pay a lot of attention to patriotism towards our country India. We feel that if we start giving information and develop a national spirit in our children it will stay with them forever.

The theme will help the children to love their country as they will be learning about their Country, its national flag, national anthem, patriotic songs and the pledge which will be a part of the daily assembly.

To imbibe a feeling of patriotism within them and impart knowledge about its relevance the school will celebrate Republic day.

It is the perfect day to impart knowledge in fun way and prepare our kids to be responsible citizens for the future of India.

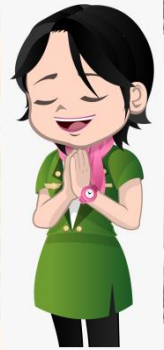
<b>Festival of the Month-</b> January 26 HAPPY REPUBLIC DAY	Republic Day, 26 <sup>th</sup> January January 26 HAPPY REPUBLIC DAY
<b>Moral Value-</b>	Patriotism, truthfulness and Following rules
<b>Engaging English- (Speaking Skills)</b>	India- Capital of the country, Name of the Prime minister and National symbols.  Poem- Speak truth January 26 HAPPY REPUBLIC DAY
<b>Language Literacy:</b>	
<b>English-</b>	Prepositions  -In, on, at, over and under  -Where Am I January 26 HAPPY REPUBLIC DAY
<b>Hindi-</b>	गिनती  शरीर के अंग  अनोखी कविता January 26 HAPPY REPUBLIC DAY  Song- Nanha Munna rahi hoon
<b>Numeracy skills</b>	Greater than and Lesser than  - Mr. Alligator January 26 HAPPY REPUBLIC DAY
<b>Environmental Awareness</b>	Community Helpers  - I Help...
<b>FITMAPSIANS</b>	<b>Exercises to promote Fit India movement</b> January 26 HAPPY REPUBLIC DAY
<b>KALAKAARS</b>	Futuristic hands January 26 HAPPY REPUBLIC DAY



# SOCIAL SKILLS

## Greetings!

Greetings are vital to make that first impression, establish cordial relationship and set a positive tone for the day. Keeping up with the age old Indian tradition and keeping ourselves safe during this special times, let us all remember saying and doing Namaskar with a smile regularly.



## Prayer!

Prayer is a communication with God. So we begin our day by taking the blessings of Almighty and imbibe this good value in our children and pray to heal the world.



Prayer of the month- [\(78\) Praise Him When the Sun Goes Down Hallelu, Hallelu from Our Daily Bread for Kids YouTube - YouTube](#)

## Breathe!

The breathing we want kids to do is deep belly breaths, not shallow chest breaths. When they breathe in, their belly should expand, and when they breathe out, their belly should contract. Deep breathing helps the children stay fresh for a long time.



Correct way of breathing- [\(78\) Two minutes Mindfulness: Balloon Breaths/Belly Breaths - Breathing exercise for Children - YouTube](#)

# REPUBLIC DAY



**Republic Day** is near, and our country is all set for the grand celebration on January 26. This year, India celebrates its 71st Republic Day- commemorating the historic moment when our nation became an independent republic country.

## Activity 1 - Unity in Diversity



### India



India is a cradle of various religions and culture and this is clearly reflected in our rich diversity. The Indian States are a compiled momentum of life changing at every 100 kms in India. They are the identity of our country, bringing the diverse cultures together and binding them in a single string.

*Our little students will represent any one state of their choice.*

*You can represent by showcasing its food, dressing up in that state attire, performing a dance of that state, making a chart paper of its tourist spots and explaining about the same.*

# MORAL VALUES

## Activity 2- Nanha Munna Rahi

### *Patriotism-*

Republic day of India holds tremendous ground in the list of national days, since it reminds every Indian about the dawn of the new beginning. Our soldiers at the frontiers have always been the epitome of patriotism and dedication for our motherland- India.

*This month, our proud little Indians will pay tribute to the national heroes, Soldiers and will exhibit their Patriotism by learning the song-*

*Nanha munna rahi...*



For your reference- [\(78\) Nanha Munna Rahi Hoon | DeshBhakti Songs | Patriotic Songs for Kids - YouTube](#)



## Follow Rules

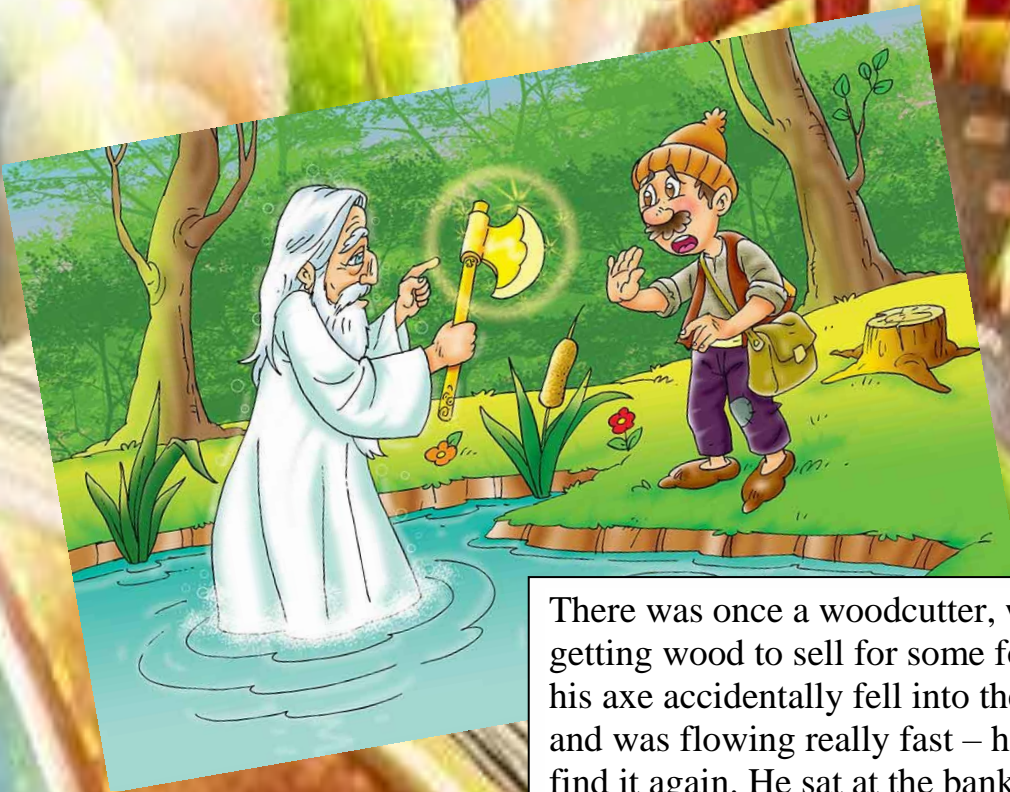
As the constitution of India enlightens us about the civil way of leading the life and become a law abiding citizen. Our students will also learn how to follow rules by some understanding the *most basic rules of today's era.*

### **CORONAVIRUS PREVENTION**



## STORY TIME-TRUTHFULNESS

*Truthfulness is a virtue which has to be inculcated in a child by being a role model to them.*



There was once a woodcutter, working hard in the forest, getting wood to sell for some food. As he was cutting a tree, his axe accidentally fell into the river. The river was deep and was flowing really fast – he lost his axe and could not find it again. He sat at the bank of the river and wept.

While he wept, the God of the river arose and asked him what happened. The woodcutter told him the story. The God of the river offered to help him by looking for his axe. He disappeared into the river and retrieved a golden axe, but the woodcutter said it was not his. He disappeared again and came back with a silver axe, but the woodcutter said that was not his either. The God disappeared into the water again and came back with an iron axe – the woodcutter smiled and said it was his. The God was impressed with the woodcutter's honesty and gifted him both the golden and silver axes.

**Moral- Truthfulness Always Pays Back**

# Engaging English

26  
DAY

JanJan 26  
HAPPY REPUBLIC DAY



JanJan 26  
HAPPY REPUBLIC DAY

Hey, students as you have just heard a story about truthfulness. It's **Rhyme Time** to instill the same value.

JanJan 26  
HAPPY REPUBLIC DAY

JanJan 26  
HAPPY REPUBLIC DAY

JanJan 26  
HAPPY REPUBLIC DAY

Speak truth- Says my mother,  
Do I say a lie- Never-Ever!  
I share my toys  
Spreading happiness and joys  
Sometimes right sometimes wrong  
But I am truthful all along...

JanJan 26  
HAPPY REPUBLIC DAY

JanJan 26  
HAPPY REPUBLIC DAY

JanJan 26  
HAPPY REPUBLIC DAY

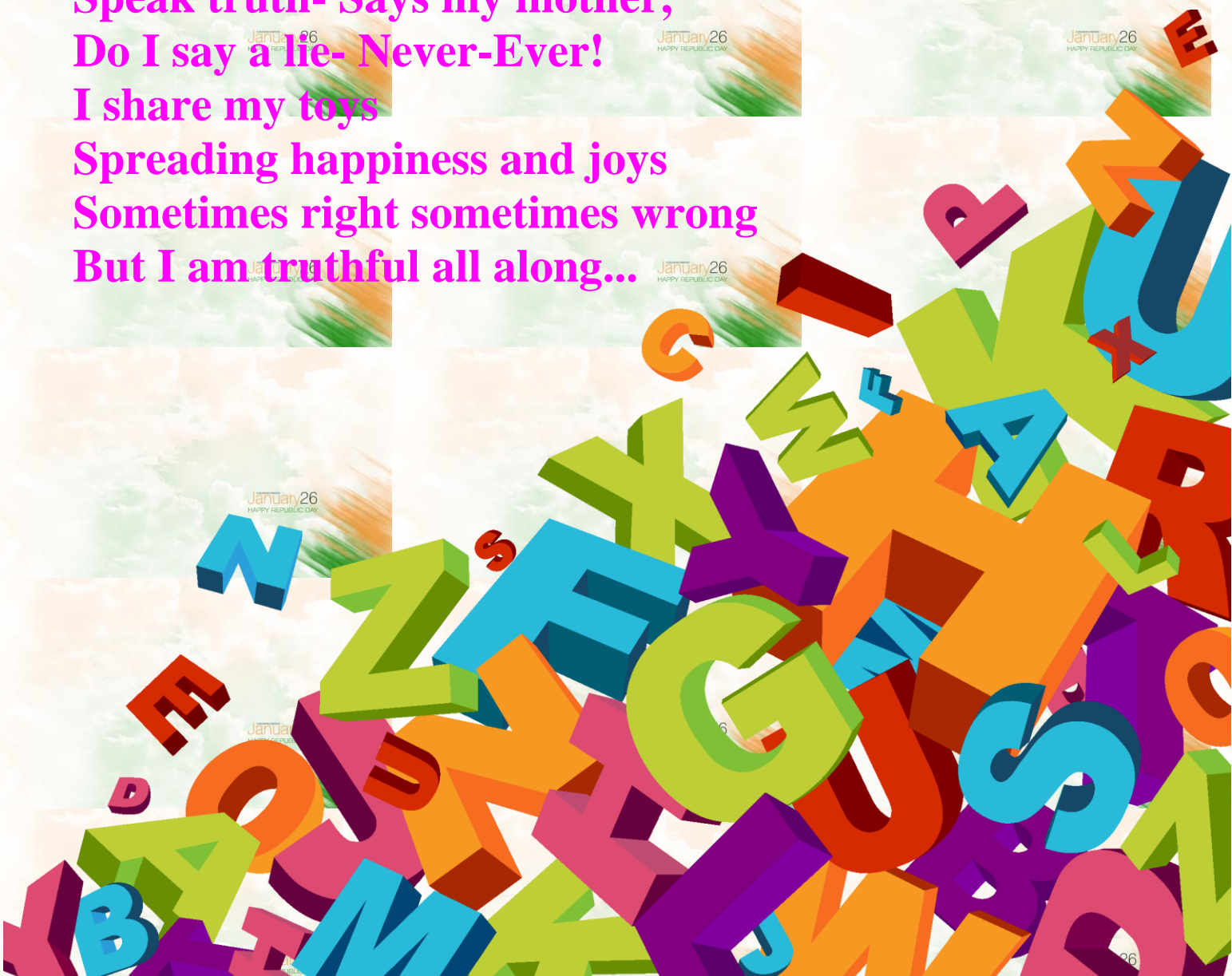
JanJan 26  
HAPPY REPUBLIC DAY

JanJan 26  
HAPPY REPUBLIC DAY

JanJan 26  
HAPPY REPUBLIC DAY

JanJan 26  
HAPPY REPUBLIC DAY

26



My India

My Pride

Dear parents,

*Stories are the best way to let the child understand every concept with utmost Creative imagination. To promote the same aura of comprehension, here is a story to let our students be proud to be an Indian.*

Once upon a time, children were playing in a park. Some elderly people came and sat on the bench of the park. One of them was holding small Indian flags. Children became happy to see him. They went to him and asked, "Dadaji, can you please give these to us?"

Dadaji replied, "Yes, of course! But, first you all have to sit on the ground and tell me what is this?"



Adi said, "I know, this is our **National Flag**. It has three colours -- deep saffron, white and green with Ashoka chakra at its centre. It is also known as, **Tiranga**."



Dadaji was very happy with Adi's answer. So he gave him the flag. All children started requesting Dada ji for the same.

Then, he said, "I will ask you questions and if you answer them right, I will surely give you the small flag."

"Now, who will tell me what is the **National Fruit** of India."

Supriya quickly raised hand and said, "Mango! because they are so tasty. I love mangoes. My mother told me that there are 10 different types of mangoes."



Dada ji replied, "Very Good Supriya. Here is your small flag. Now tell me which is the **National Flower** Of India?"

Riya said, "Rose." Dada ji nodded a No.

Daksh suddenly replied, "Its Lotus! I read in my G.K. book that Lotus is the symbol of purity, achievement, long life, and good fate. The idol of

Laxmi ji in our temple also holds the Lotus flower"



Riya quickly recalled, "Yes, I also read the same. I know one more fact, **National animal** of India is **Tiger**. It symbolizes Power and strength."



Dada ji smiled, gave the small flags to Daksh and Riya and said, "Yes my dear children Lotus is our National Flower and Tiger is the national animal. I am sure you all must be aware that which is the **National bird**?"

All replied, "Peacock!"

Arjun said, "Do you all know, Peacock is widely spread all over the country and can be seen in any state of India. Hey, look there- a peacock is trying to spread its feathers."



All the kids turned around to see the peacock and **Dada ji** also quickly wore his spectacles to see the beauty of the bird. When children turned back they looked at Dada ji and said, "Oh! You look like Modi ji when you wear spectacles dada ji."

He started **laughing** and asked, "Do you all know who is **Modi ji**?"

He was happy to know that all the children knew that **Shri Narendra Modi Ji is the Prime Minister of India.**



At the end Dada Ji gave the small Indian flags, pride of India to all the children.





# LANGUAGE LITERACY

## ENGLISH

We commonly use prepositions to show a relationship in space or time or a logical relationship between two or more people, places or things. Prepositions are most commonly followed by a noun phrase or pronoun.

To make more sense and connect the phrases while positioning the nouns and pronouns, it is important to understand what are pronouns.

Students will be able to:

Understand the meaning of prepositions.

Use prepositions like in, on, under and at properly.

Identify the correct place which suits the said pronoun.

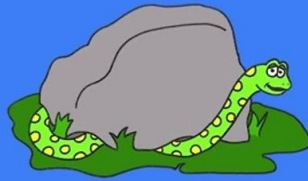
In, At, On, Over and Under



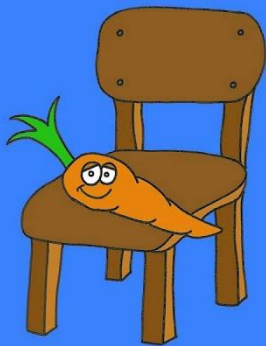
on



in



under



on



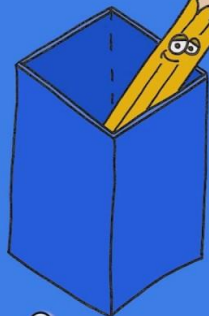
in



under



on



in



under

Observe the picture carefully  
and read it out loudly!!!

# Where is the cat?

Listen and learn.



in

Where is the cat?  
The cat is **in** the box.



on

Where is the cat?  
The cat is **on** the box.



under

Where is the cat?  
The cat is **under** the box.

## Activity 3: Where Am I

**Dear Students,**

**It's time to have fun family zone started!**

**As now you have learnt some new words that are called prepositions, you are ready to play a game with your mummy, papa or siblings.**

### **Material Required:**

**A toy, which you can name as yourself.**

### **How to play:**

- You can hand over that toy to your friends/family.
- Tell them to find a place in the home and hide that toy anywhere.
- The only condition to hide it would be that its position should be informed using at, under, or and in.
- Now find yourself (the toy) and tell its position using the prepositions studied till now.



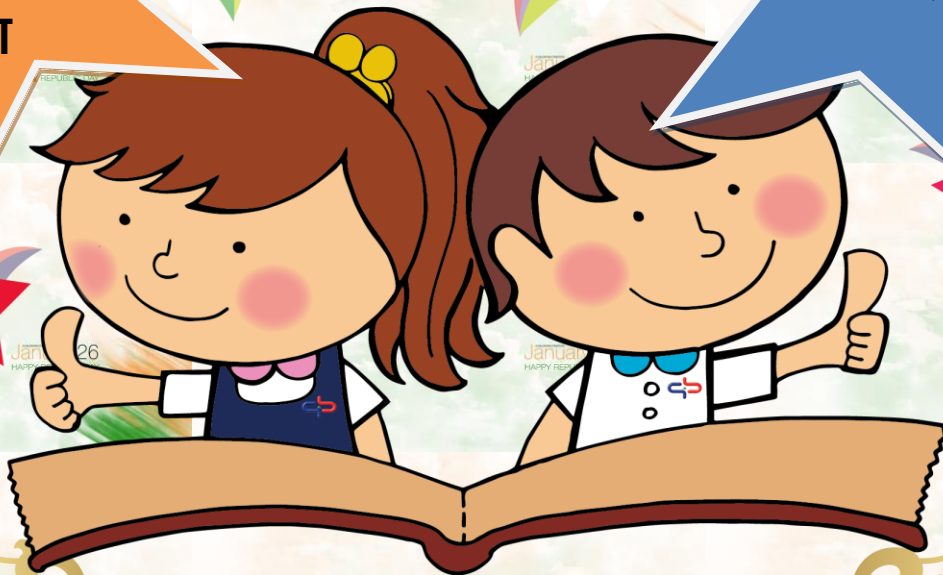
# हिंदी

एक प्राचीन भाषा जो संस्कृत से अपनी उत्पत्ति प्राप्त करती है, हिंदी का विश्व इतिहास पर काफी प्रभाव पड़ा है और इसे दुनिया के कई हिस्सों में एक सार्थक भाषा के रूप में मान्यता प्राप्त है। दुनिया में बढ़ते भारतीय प्रवासियों ने पश्चिमी देशों के बीच भारतीय उपमहाद्वीप से जुड़ी भाषा के रूप में हिंदी के बारे में जागरूकता बढ़ाने में योगदान दिया है।

हिंदी भाषा पुरे विश्व में सबसे ज्यादा बोलने में चौथे नम्बर पर आती है। लेकिन उसे अच्छी तरह से समझना, पढ़ना तथा लिखना यह बहुत कम संख्या में लोग जानते है। आज के समय में हिंदी भाषा के ऊपर अंगेर्जी भाषा के शब्दों का ज्यादा असर पड़ा है। आज के समय में अंग्रेजी भाषा ने अपनी जड़े ज्यादा घेर ली है। जिससे हिंदी भाषा के भविष्य में खो जाने की चिंताये बढ गयी है।

शरीर के  
अंग

गिनती



# पढ़ें और समझें

JanJan26  
HAPPY REPUBLIC DAY

JanJan26  
HAPPY REPUBLIC DAY

अंग्रेज़ी अंक में English Number	हिंदी अंक में Hindi Number	हिंदी शब्दों में Hindi Word	
1	१	एक	
2	२	दो	
3	३	तीन	
4	४	चार	
5	५	पाँच	
6	६	छह	
7	७	सात	
8	८	आठ	
9	९	नौ	
10	१०	दस	

JanJan26  
HAPPY REPUBLIC DAY

JanJan26  
HAPPY REPUBLIC DAY

JanJan26  
HAPPY REPUBLIC DAY

प्रिय छात्रों,

हिंदी की गिनती ध्यान से पढ़ें  
और लिखना सीखें।

JanJan26  
HAPPY REPUBLIC DAY

JanJan26  
HAPPY REPUBLIC DAY

JanJan26  
HAPPY REPUBLIC DAY

JanJan26  
HAPPY REPUBLIC DAY

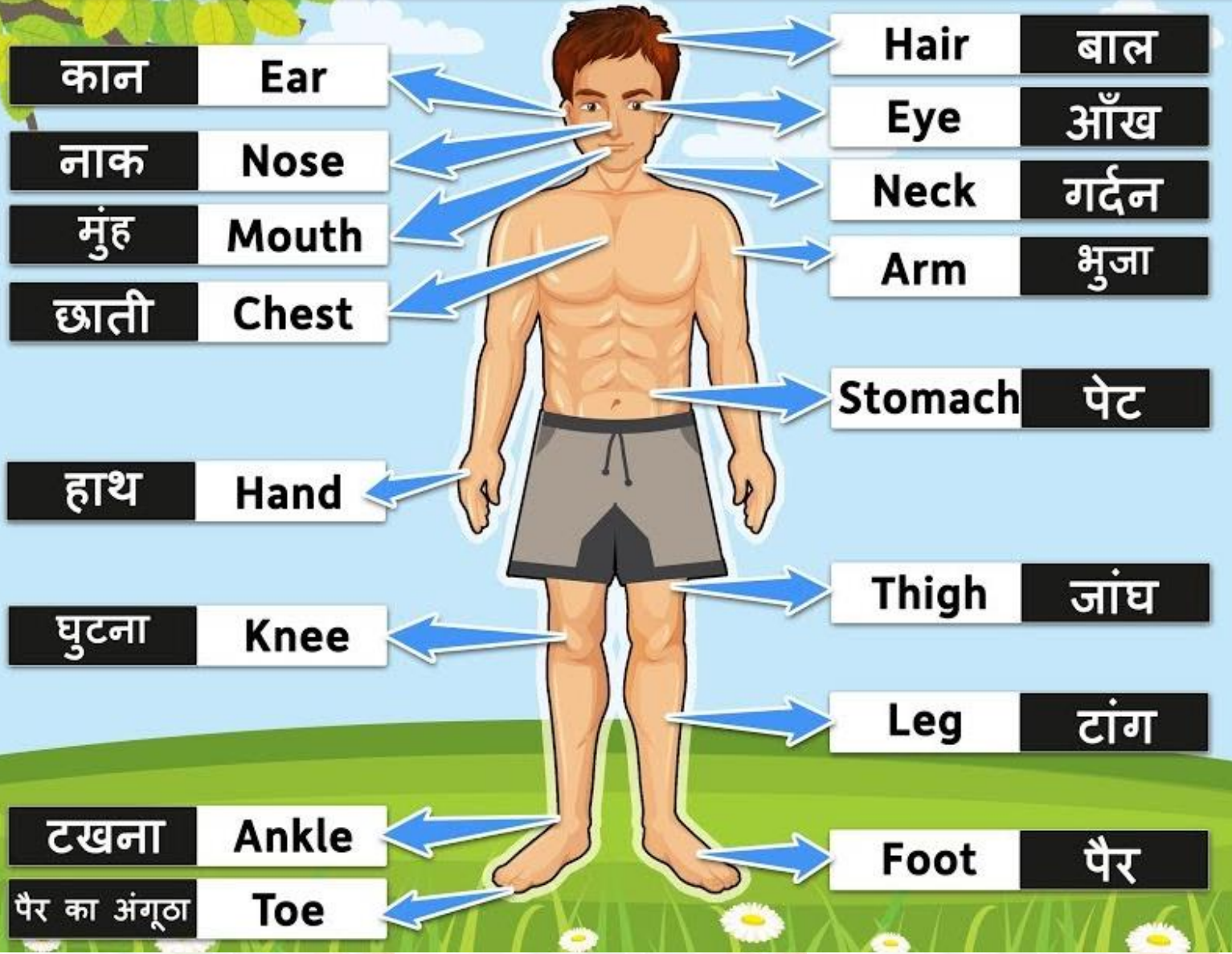
JanJan26  
HAPPY REPUBLIC DAY



# पढ़ें और समझें

JanJan26  
HAPPY REPUBLIC DAY

JanJan26  
HAPPY REPUBLIC DAY



JanJan26  
HAPPY REPUBLIC DAY

JanJan26  
HAPPY REPUBLIC DAY

JanJan26  
HAPPY REPUBLIC DAY

JanJan26  
HAPPY REPUBLIC DAY

JanJan26  
HAPPY REPUBLIC DAY

प्रिय छात्रों,

शरीर के अंगों के नाम ध्यान से  
पढ़ें और लिखना सीखें।

JanJan26  
HAPPY REPUBLIC DAY

JanJan26  
HAPPY REPUBLIC DAY

JanJan26  
HAPPY REPUBLIC DAY

# Activity 4- अनोखी कविता



प्रिय छात्रों,

चार्ट पेपर पर एक से दस तक की गिनती लिखिए।  
इसे दीवार पर चिपकाएं।  
इस कविता को सुनें और याद करें।  
इसे गाओ।  
अपना वीडियो रिकॉर्ड करें।  
इसे अपने शिक्षक के साथ साझा करें।

कविता सुनने के लिए लिंक पर क्लिक करें।  
[\(92\) गिनती Ginti | Hindi Rhymes for Children | HD - YouTube](#)

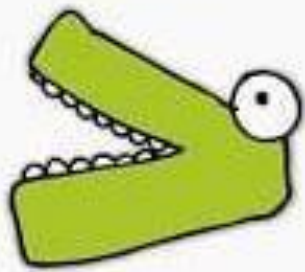


# NUMERACY SKILLS

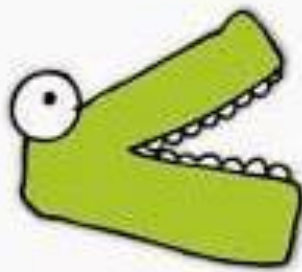
A Note to Parents'

Math is not only about numbers and its operations. Pre number concepts, colours, shapes, direction etc are a major part of the definite tone of mathematics.

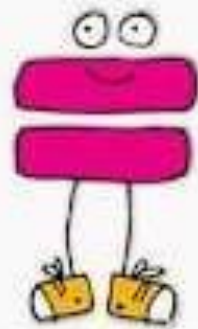
The world is full of new experiences,  
in this world you sometimes see things  
that are more than others and sometimes  
you get less  
Never loose heart and remember  
you get what you are ought to get



greater than



less than



equal to



Greater than

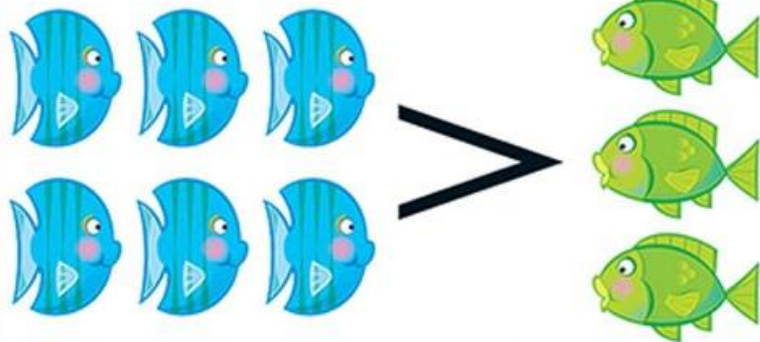


Less than



Equal to

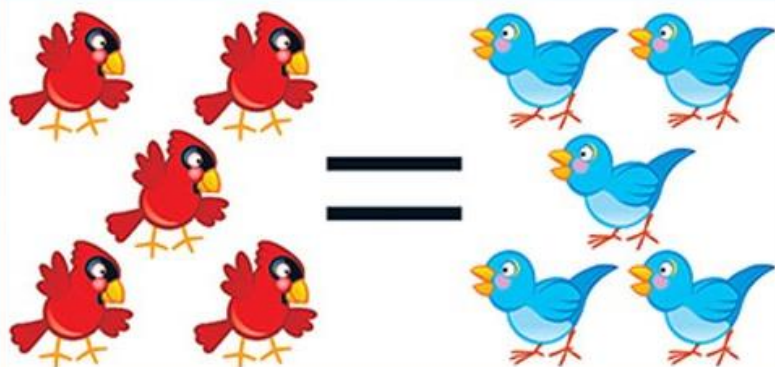
Greater than



Less than



Equal to



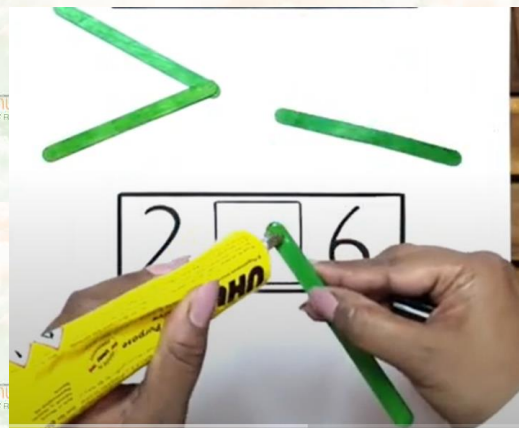
# Activity 5- Mr. Alligator

## Materials required:

4 ice cream sticks  
Green colour  
Fevicol  
Black sketch pen or black bindi

## Steps to be followed:

- Step 1-** Colour the ice cream sticks with green colour.
- Step 2-** Join the tips of 2 ice cream sticks by making a V. Join the other 2 as well.
- Step 3-** Pour some fevicol on the tips and let it settle by sticking.
- Step 4-** Make the eyes of Mr. Alligator with black sketch pen or a black bindi.
- Step 5-** Use the alligator to show which number is greater and which one is smaller.



**ENVIRONMENTAL**



**AWARENESS**

# OUR HELPERS



# Community Helpers



**Teacher**



**Doctor**



**Police Officer**



**Coach**



**Grocer**



**Firefighter**



**City Worker**



**Dentist**



**Mail Carrier**



**Plumber**



**Painter**



**Librarian**

# ACTIVITY 6- I Help...



Dear Student's,

Before you learn about our community helpers,  
We would like to know how do you help your  
family and friends.

It is time that you wear your helping shoes  
and help your mother, father, siblings, elderly  
people or even community.

Help everyone around this entire week; click  
your picture doing the same, make a collage  
and share with us.

Let us see how many people you can help in a  
week!!!





# FIT MAPSIANS TO FIT INDIA

Exercise helps children to vent out their excess energy in the right way. Most children feel calm and relaxed after exercising.

It's no news flash that kids need exercise in their lives.

In fact, we're all probably pretty aware of the fact that increased physical activity helps children build healthy bodies and prevent chronic disease. And we also know that helping our kids to love movement sets them up to be stronger and healthier teens and adults.

[\(78\) 9 Min Exercise For Kids - Home Workout - YouTube](#)

Exercise For Kids  
Home Workout

2/20  
Back Turns

NEXT >

Rest

Exercise For Kids  
Home Workout

4/12  
Squat

NEXT >

Rest

# Activity 7- Futuristic Hands

Dear Kalakaars,

It's time to show your creativity and embrace the belongingness towards our nation by making the tricolor flag with your own hands.

## Material Required:

- Orange, green and blue poster colours.
- White A3 sized sheet/ Half chart paper

## How to Do:

Dip your palm in orange colour and trace it on the top of the sheet.

Then dip it in green colour and trace it at the bottom of the sheet.

With blue colour make the Ashoka chakra in between  
And make 24 spokes in it.



Refer to the video that would be provided as an auxiliary video.