



Mount Abu Public School

H-Block, Sector 18, Rohini, New Delhi- 110085 India

Class 3

January 2021

Theme- My Pride, My country

Dear Parents,

We at MAPS pay a lot of attention to patriotism towards our country India. We feel that if we start giving information and develop a national spirit in our children it will stay with them forever.

The theme will help the children to love their country as they will be learning about their Country, its national flag, national anthem, patriotic songs and the pledge which will be a part of the daily assembly.

To imbibe a feeling of patriotism within them and impart knowledge about its relevance the school will celebrate Republic day.

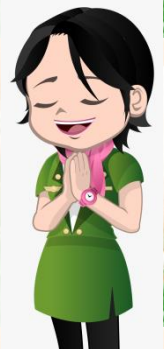
It is the perfect day to impart knowledge in fun way and prepare our kids to be responsible citizens for the future of India.

| | |
|--|--|
| Festival of the Month- January 26 HAPPY REPUBLIC DAY | Republic Day, 26 th January January 26 HAPPY REPUBLIC DAY |
| Moral Value- | Patriotism, truthfulness and Following rules |
| Engaging English- (Speaking Skills) January 26 HAPPY REPUBLIC DAY | India- Capital of the country, Name of the Prime minister and National symbols. Poem- Speak truth January 26 HAPPY REPUBLIC DAY |
| Language Literacy: | |
| English- January 26 HAPPY REPUBLIC DAY | Prepositions - Time and Place - Picture reading January 26 HAPPY REPUBLIC DAY |
| Hindi- January 26 HAPPY REPUBLIC DAY | मुहावरे मुहावरा बताओ - पुरस्कार ले जाओ Song- Nanha Munna rahi hoon January 26 HAPPY REPUBLIC DAY |
| Numeracy skills January 26 HAPPY REPUBLIC DAY | Measurement of Weight - Standard Units January 26 HAPPY REPUBLIC DAY - Sink Or Float |
| Environmental Awareness January 26 HAPPY REPUBLIC DAY | Neighbourhood - Map for the Walk - My dream Neighbourhood January 26 HAPPY REPUBLIC DAY |
| FITMAPSians | Exercises to promote Fit India movement |
| KALAKAARS | Tri Colour Pin Wheel 26 JAN |

SOCIAL SKILLS

Greetings!

Greetings are vital to make that first impression, establish cordial relationship and set a positive tone for the day. Keeping up with at the age old Indian tradition and keeping ourselves save during this special times, let us all remember saying and doing Namaskar with a smile regularly.



Prayer!

Prayer is a communication with God. So we begin our day by taking the blessings of Almighty and imbibe this good value in our children and pray to heal the world.



Prayer of the month- [\(78\) Praise Him When the Sun Goes Down Hallelu, Hallelu from Our Daily Bread for Kids YouTube - YouTube](#)

Breathe!

The breathing we want kids to do is deep belly breaths, not shallow chest breaths. When they breathe in, their belly should expand, and when they breathe out, their belly should contract. Deep breathing helps the children stay fresh for a long time.



Correct way of breathing- [\(78\) Two minutes Mindfulness: Balloon Breaths/Belly Breaths - Breathing exercise for Children - YouTube](#)

REPUBLIC DAY



Republic Day is near, and our country is all set for the grand celebration on January 26. This year, India celebrates its 71st Republic Day- commemorating the historic moment when our nation became an independent republic country.

Activity 1 - Food Fair



India is a cradle of various religions and culture and this is clearly reflected in our rich heritage of food. The Indian Food is a compiled momentum of life changing at every 100 kms in India. They are the identity of our country, bringing the diverse cultures together and binding them in a single string of taste of love.

Our little students will represent any one state of their choice.

They will represent the state or any culture by cooking the food of that particular area. They will help their mothers for the same and click the pictures. They will also create a video explaining about that particular place and its special food .

MORAL VALUES

Activity 2- Nanha Munna Rahi

Patriotism-

Republic day of India holds tremendous ground in the list of national days, since it reminds every Indian about the dawn of the new beginning. Our soldiers at the frontiers have always been the epitome of patriotism and dedication for our motherland- India.

This month, our proud little Indians will pay tribute to the national heroes, Soldiers and will exhibit their Patriotism by learning the song-

Nanha munna rahi...



For your reference- [\(78\) Nanha Munna Rahi Hoon | DeshBhakti Songs | Patriotic Songs for Kids - YouTube](#)



Follow Rules

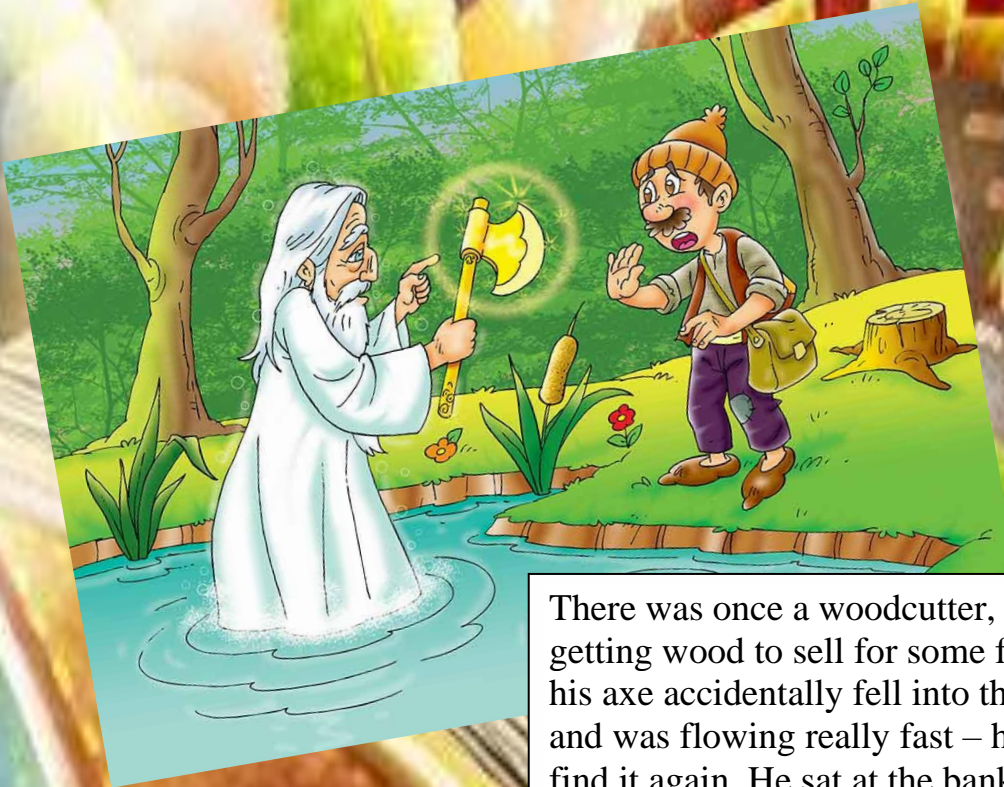
As the constitution of India enlightens us about the civil way of leading the life and become a law abiding citizen. Our students will also learn how to follow rules by some understanding the *most basic rules of today's era.*

CORONAVIRUS PREVENTION



STORY TIME-TRUTHFULNESS

Truthfulness is a virtue which has to be inculcated in a child by being a role model to them.



There was once a woodcutter, working hard in the forest, getting wood to sell for some food. As he was cutting a tree, his axe accidentally fell into the river. The river was deep and was flowing really fast – he lost his axe and could not find it again. He sat at the bank of the river and wept.

While he wept, the God of the river arose and asked him what happened. The woodcutter told him the story. The God of the river offered to help him by looking for his axe. He disappeared into the river and retrieved a golden axe, but the woodcutter said it was not his. He disappeared again and came back with a silver axe, but the woodcutter said that was not his either. The God disappeared into the water again and came back with an iron axe – the woodcutter smiled and said it was his. The God was impressed with the woodcutter's honesty and gifted him both the golden and silver axes.

Moral- Truthfulness Always Pays Back

Engaging English

26
DAY



Hey, students as you have just heard a story about truthfulness. It's **Rhyme Time** to instill the same value.

Speak truth- Says my mother,
Do I say a lie- Never-Ever!
I share my toys
Spreading happiness and joys
Sometimes right sometimes wrong
But I am truthful all along...



My India

My Pride

Dear parents,

Stories are the best way to let the child understand every concept with utmost Creative imagination. To promote the same aura of comprehension, here is a story to let our students be proud to be an Indian.

Once upon a time, children were playing in a park. Some elderly people came and sat on the bench of the park. One of them was holding small Indian flags. Children became happy to see him. They went to him and asked, "Dadaji, can you please give these to us?"

Dadaji replied, "Yes, of course! But, first you all have to sit on the ground and tell me what is this?"



Adi said, "I know, this is our **National Flag**. It has three colours -- deep saffron, white and green with Ashoka chakra at its centre. It is also known as, **Tiranga**."

Dadaji was very happy with Adi's answer. So he gave him the flag. All children started requesting Dada ji for the same.

Then, he said, "I will ask you questions and if you answer them right, I will surely give you the small flag."

"Now, who will tell me what is the National Fruit of India."

Supriya quickly raised hand and said, "Mango! because they are so tasty. I love mangoes. My mother told me that there are 10 different types of mangoes."



Dada ji replied, "Very Good Supriya. Here is your small flag. Now tell me which is the National Flower Of India?"

Riya said, "Rose." Dada ji nodded a No.

Daksh suddenly replied, "Its Lotus! I read in my G.K. book that Lotus is the symbol of purity, achievement, long life, and good fate. The idol of

Laxmi ji in our temple also holds the Lotus flower"



Riya quickly recalled, "Yes, I also read the same. I know one more fact, National animal of India is Tiger. It symbolizes Power and strength."



Dada ji smiled, gave the small flags to Daksh and Riya and said, "Yes my dear children Lotus is our National Flower and Tiger is the national animal. I am sure you all must be aware that which is the National bird?"

All replied, "Peacock!"

Arjun said, "Do you all know, Peacock is widely spread all over the country and can be seen in any state of India. Hey, look there- a peacock is trying to spread its feathers."



All the kids turned around to see the peacock and **Dada ji** also quickly wore his spectacles to see the beauty of the bird. When children turned back they looked at Dada ji and said, "Oh! You look like Modi ji when you wear spectacles dada ji."

He started **laughing** and asked, "Do you all know who is **Modi ji**?"

He was happy to know that all the children knew that **Shri Narendra Modi Ji is the Prime Minister of India.**



At the end Dada Ji gave the small Indian flags, pride of India to all the children.





LANGUAGE LITERACY

ENGLISH

TOPIC – PREPOSITION OF TIME AND PLACE

PREPOSITIONS

LEARNING OBJECTIVES

Each child will be able to:

- Use the correct preposition in the sentence
- Construct sentences using prepositions.



IN FRONT OF



The dog is in front of the man.

BEHIND



The dog is behind the postman.

NEXT TO



The dog is next to the bones.

BETWEEN



The bone is between the two dogs.

ABOVE



The bone is above the dog.
The dog is under the bone.

UNDER

OVER



BELOW



The blue dog is over the fire hydrant.
The fire hydrant is below the blue dog.

IN



















The dog is in the bed.
There is a thermometer in its mouth.

ON



The dog is on the table.
The woman has dog saliva on her.

Prepositions of Time

| IN | ON | AT |
|--|--|---|
| In The Morning  | On Monday  | At 8.30 am  |
| In The Afternoon  | On Wednesday  | At 12 O'clock  |
| In The Evening  | On Sunday  | At 6 pm  |
| In January  | On 24th January 2015  | At Noon/ Midday  |
| In April  | On April 15th  | At Midnight  |
| In The Morning  | On Sunday Morning(s)  | At Dawn  |

Activity 3: Read the Picture

Dear Students,

You must have read stories and poems but have you ever read a picture?

Today you will read this picture given below by observing it carefully and narrate it to us. Make sure that you use the prepositions correctly and give stress on the words that tell us about place and time.

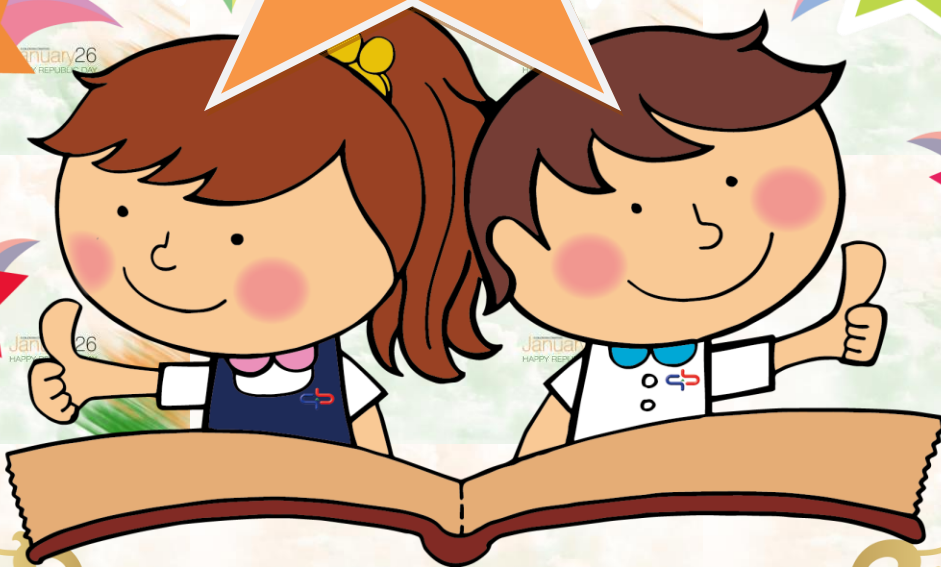


हिंदी

एक प्राचीन भाषा जो संस्कृत से अपनी उत्पत्ति प्राप्त करती है, हिंदी का विश्व इतिहास पर काफी प्रभाव पड़ा है और इसे दुनिया के कई हिस्सों में एक सार्थक भाषा के रूप में मान्यता प्राप्त है। दुनिया में बढ़ते भारतीय प्रवासियों ने पश्चिमी देशों के बीच भारतीय उपमहाद्वीप से जुड़ी भाषा के रूप में हिंदी के बारे में जागरूकता बढ़ाने में योगदान दिया है।

हिंदी भाषा पुरे विश्व में सबसे ज्यादा बोलने में चौथे नम्बर पर आती है। लेकिन उसे अच्छी तरह से समझना, पढ़ना तथा लिखना यह बहुत कम संख्या में लोग जानते है। आज के समय में हिंदी भाषा के ऊपर अंग्रेजी भाषा के शब्दों का ज्यादा असर पड़ा है। आज के समय में अंग्रेजी भाषा ने अपनी जड़े ज्यादा घेर ली है। जिससे हिंदी भाषा के भविष्य में खो जाने की चिंताये बढ़ गयी है।

मुहावरे



मुहावरे

पढ़ें और समझें

- मुहावरे विशेष कथन होते हैं।
- ये वाक्य के अंश (हिस्सा) होते हैं।
- इनके प्रयोग से भाषा सुंदर, प्रभावशाली तथा सजीव हो उठती है।



कुछ मुहावरे तथा वाक्य प्रयोग



- | | | |
|--|---|---|
| 1. मुँह में पानी आना (ललचा जाना) | → | रसीले आम देखकर चारु के मुँह में पानी आ गया। |
| 2. आसमान सिर पर उठाना (बहुत शोर करना) | → | कक्षा में अध्यापिका के न होने पर बच्चों ने आसमान सिर पर उठा लिया। |
| 3. पेट में चूहे कूदना (बहुत भूख लगना) | → | बहुत देर तक खेलने के बाद नकुल के पेट में चूहे कूदने लगे। |

कुछ मुहावरे तथा वाक्य प्रयोग



4. आँख का तारा
(बहुत प्यारा)



हर बच्चा अपने माता-पिता की
आँखों का तारा होता है।

5. पीठ थपथपाना
(शाबाशी देना)



नेक काम करने पर सब लोगों ने
मनोज की पीठ थपथपाई।

6. लाल-पीला होना
(बहुत गुस्सा होना)



कमल छोटी-छोटी बातों पर
लाल-पीला हो उठता है।

7. घोड़े बेचकर सोना
(निश्चित होना)



काम पूरा हो जाने पर नवीन घोड़े
बेचकर सो रहा है।

HAPPY REPUBLIC DAY

HAPPY REPUBLIC DAY

HAPPY REPUBLIC DAY

कुछ मुहावरे तथा वाक्य प्रयोग



8. कमर कसना
(तैयार होना)



परीक्षा के समय सीमा कमर
कसकर तैयार हो गई।

9. नौ-दो ग्यारह होना
(भाग जाना)



पुलिस को आता देखकर झगड़ा
कर रहे लोग नौ-दो ग्यारह हो गए

10. अँगूठा दिखाना
(साफ़ मना कर देना)



मनीष ने जब मदद माँगी, तब
जतिन ने उसे अँगूठा दिखा दिया।

Activity 4- मुहावरा बताओ - पुरस्कार ले जाओ



| मुहावरे | अर्थ |
|--|---|
| चूड़ियाँ पहनना ईंट से ईंट बजाना उल्लू बनाना दाँत दिखाना आँखों का तारा जली-कटी सुनाना हाथ-पाँव फूलना अक्ल पर पत्थर पड़ना | कायर बनना नष्ट कर देना मूर्ख बनाना व्यर्थ ही हँसना बहुत प्यारा कड़वी बातें कहना घबरा जाना बुद्धि का काम न करना |
| आसमान सिर पर उठाना टाँग अड़ाना | बहुत शोर करना रुकावट डालना |

प्रिय छात्रों,

हम आपको कुछ स्थितियों को बताएंगे।

हम किसी मुहावरे का प्रयोग नहीं करेंगे।

लेकिन आपको यह सुझाव देना होगा कि कौन सा मुहावरा उपयुक्त होगा।

आइए देखें कि आपने कितना सीखा है?



TOPIC: MEASUREMENT OF WEIGHT

LEARNING OBJECTIVES

After this lesson, students will be able to:

- Explain purpose of measuring.
- Describe methods of measuring.





MEASURING WEIGHT

Weight is measured in grams (g) and kilograms (kg).
We use grams to weigh lighter objects and kilograms to weigh heavier objects.

$$1 \text{ kg} = 1000\text{g}$$

Or

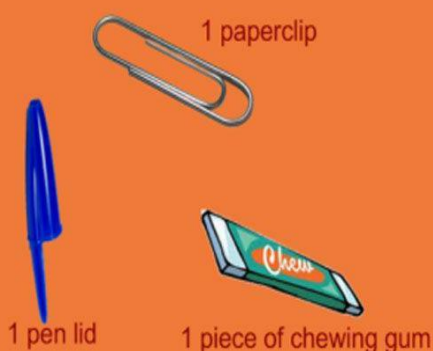
$$1000\text{g} = 1\text{kg}$$



UNITS OF MEASUREMENT

The most common units of measurement for mass are **grams** and **kilograms**.

A gram is very light.
These items weigh approximately 1 gram.



A kilogram is 1000 grams.
These items weigh approximately 1 kilogram.



Activity 7- Sink or Float

Dear Students,
It's activity time.

Material Required-

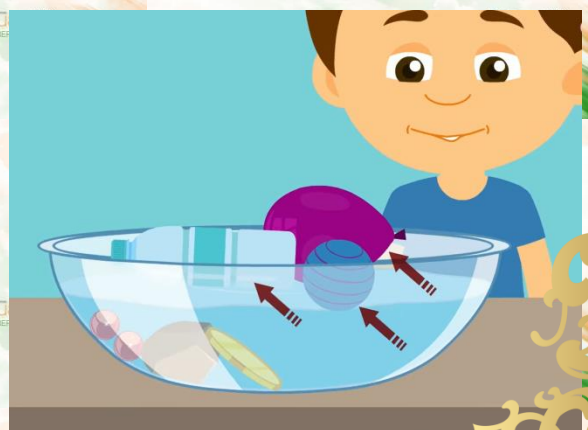
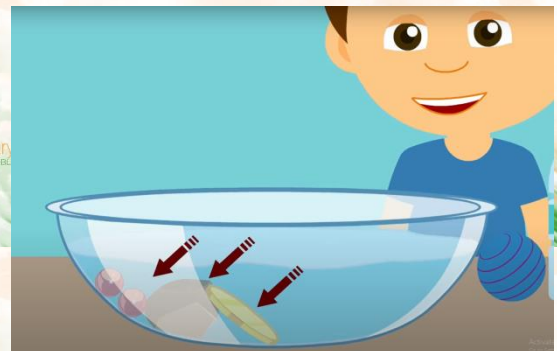
A bucket of water

Light weight objects- empty plastic bottle, balloon and pencil shavings.

Heavy weight objects- Stone, coin and iron nails.

Steps involved:

1. Take a bucket filled with water.
2. Drop some heavy objects in the bucket. Put stone, coin and nails one after the other.
3. Observe carefully, these objects will sink in the water and will settle at the surface of the bucket.
4. Now drop the light objects in the bucket. Put empty plastic bottle, balloon and pencil shavings in the bucket.
5. Observe again, the light objects will start floating on the surface of the water.





NEIGHBOURHOOD

LEARNING OBJECTIVES

- The students will be able to create their own neighbourhood.
- Students will understand the concepts of neighbourhoods and neighbours.



NEIGHBOURHOOD!!!

January 26
HAPPY REPUBLIC DAY

January 26
HAPPY REPUBLIC DAY

January 26
HAPPY REPUBLIC DAY



This is my neighborhood.

My neighborhood is where I live and play.

January 26
HAPPY REPUBLIC DAY

January 26
HAPPY REPUBLIC DAY

January 26
HAPPY REPUBLIC DAY

January 26
HAPPY REPUBLIC DAY

January 26
HAPPY REPUBLIC DAY

January 26
HAPPY REPUBLIC DAY

Common places in our neighbourhood

January 26
HAPPY REPUBLIC DAY

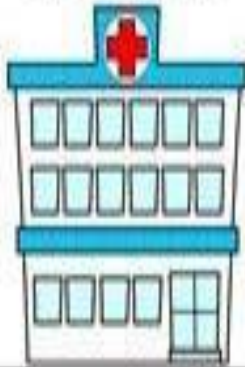
January 26
HAPPY REPUBLIC DAY

January 26
HAPPY REPUBLIC DAY

school



hospital



post office



fire station



supermarket



gas station



bank



library



homes



police station



pet shop



restaurant



cinema



laundromat



church



garage



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January 26
HAPPY REPUBLIC DAY

January 26
HAPPY REPUBLIC DAY

January 26
HAPPY REPUBLIC DAY

Activity 6- Map for Walk

My dear students,

It's time go for a walk to your neighbourhood.

Make sure that you wear your mask properly and wear winter clothes before you move out.



Make a road map of at least 3 places from your home. You may include your friends house, park, any shop, any school or the places suggested above.



ACTIVITY 7- Dream Neighbourhood

Dear Students,

I know you all love to dream.

Here is an open opportunity to dream as much as you can.

Draw a dream neighbourhood place that you would like to be near
Your home.

You can choose any place in the whole world that you
Wish to be your neighbours.

My Dream Neighbourhood,

Draw the place

I want _____ to be at my neighbourhood because...

FIT MAPSIANS TO FIT INDIA

Exercise helps children to vent out their excess energy in the right way. Most children feel calm and relaxed after exercising.

It's no news flash that kids need exercise in their lives.

In fact, we're all probably pretty aware of the fact that increased physical activity helps children build healthy bodies and prevent chronic disease. And we also know that helping our kids to love movement sets them up to be stronger and healthier teens and adults.

[\(78\) 9 Min Exercise For Kids - Home Workout - YouTube](#)



Activity 8- Tri colour Windmill

Dear Kalakaars,

It's time to show your creativity and embrace the belongingness towards our nation by making the tricolor windmill.

Material Required:

- Orange, green and blue sheets.
- One Stick.
- One pin to be inserted in the middle.

- **Start with a square sheet of paper.** You can use any size of paper you want, but something around 6 inches (15.24 centimeters) will work the best. Choose something colorful; double-sided scrapbooking paper will work the best because it has a design on both sides.
- **Trace four diagonal lines from the corners of the square toward the center.**
- **Cut partway across each line.** Stop when you are $\frac{1}{2}$ to 1 inch (1.27 to 2.54 centimeters) from the center. Do not cut all the way to the center, or your pinwheel will fall apart.
 - **Bring every other corner to the center.**
 - **Stick a pushpin through the center.**
 - **Make the pilot hole in the stick.**
 - **Press the pinwheel into the stick.**

Refer to the video that would be provided as an auxiliary video.

**TRICOLOUR
WINDMILL**

