



Mount Abu Public School

H-Block, Sector 18, Rohini, New Delhi- 110085 India

Class-1

February 2021

Theme- Welcome Spring

Dear Parents,

Spring is the most pleasant season in India.

Morning is pleasant and noon is soothing.

The sky is clear and winds are refreshing.

New leaves come out of trees, flower blooms.

As summers are very hot and winters are quite cold this season come with moderate temperature.

Spring season falls between mid-February to mid-April. Spring is a beautiful season of joy, happiness and freshness.

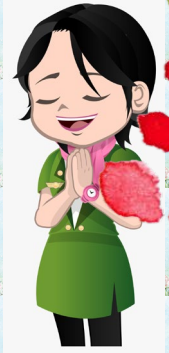
This season is also the season of colours festival of Holi is celebrated in this period of time.

Festival of the Month-	Vasant Panchami, 16 th February
Moral Value-	Being Respectful Loving Your Mother
Engaging English- (Speaking Skills)	Introduce yourself and All About Me Poem- All Of Me
Language Literacy:	
English-	Prefix and Suffix Picture Description Comprehension Composition Word Power
Hindi-	चित्र वर्णन कहानी Song- वसंत आया
Numeracy skills	Long Short Wide Narrow Before After Pattern in numbers Ascending and Descending
Environmental Awareness	Our Earth
FITMAPSians	Exercises to promote Fit India movement

SOCIAL SKILLS

Greetings!

Greetings are vital to make that first impression, establish cordial relationship and set a positive tone for the day. Keeping up with at the age old Indian tradition and keeping ourselves save during this special times, let us all remember saying and doing Namaskar with a smile regularly.



Prayer!

Prayer is a communication with God. So we begin our day by taking the blessings of Almighty and imbibe this good value in our children and pray to heal the world.

Prayer of the month- [\(78\) Praise Him When the Sun Goes Down Hallelu, Hallelu from Our Daily Bread for Kids YouTube - YouTube](#)

Breathe!

The breathing we want kids to do is deep belly breaths, not shallow chest breaths. When they breathe in, their belly should expand, and when they breathe out, their belly should contract. Deep breathing helps the children stay fresh for a long time.



Correct way of breathing- [\(78\) Two minutes Mindfulness: Balloon Breaths/Belly Breaths - Breathing exercise for Children - YouTube](#)

VASANT PANCHAMI



II Happy Vasant Panchami II

**Vasant panchami is celebrated to welcome spring season.
We wear yellow clothes and even fly kites high in the sky.**

**We also pray Goddess Saraswati on this day.
She gives us knowledge.**

Activity 1 - वसंत आया

*India is an amalgamation of different festivals and seasons.
To celebrate the spring season we celebrate Vasant Panchami.
Our students will learn the rhyme and will sing it in the lap of
Mother Nature wearing Yellow colored clothes.*



MORAL VALUES

Activity 2- Mom and Me

Mom and Me

To celebrate Valentine's Day our students will
Convey their love to the mothers by participating
In MOM and Me contest.



STORY TIME- BEING RESPECTFUL

Being Respectful is our prime responsibility to be a good citizen of the nation.



One day, a selfish fox invited a stork for dinner. Stork was very happy with the invitation – she reached the fox’s home on time and knocked at the door with her long beak. The fox took her to the dinner table and served some soup in shallow bowls for both of them. As the bowl was too shallow for the stork, she couldn’t have soup at all. But, the fox licked up his soup quickly.

The stork was angry and upset, but she didn’t show her anger and behaved politely. To teach a lesson to the fox, she then invited him for dinner the next day. She too served soup, but this time the soup was served in two tall narrow vases. The stork devoured the soup from her vase, but the fox couldn’t drink any of it because of his narrow neck. The fox realised his mistake and went home famished.

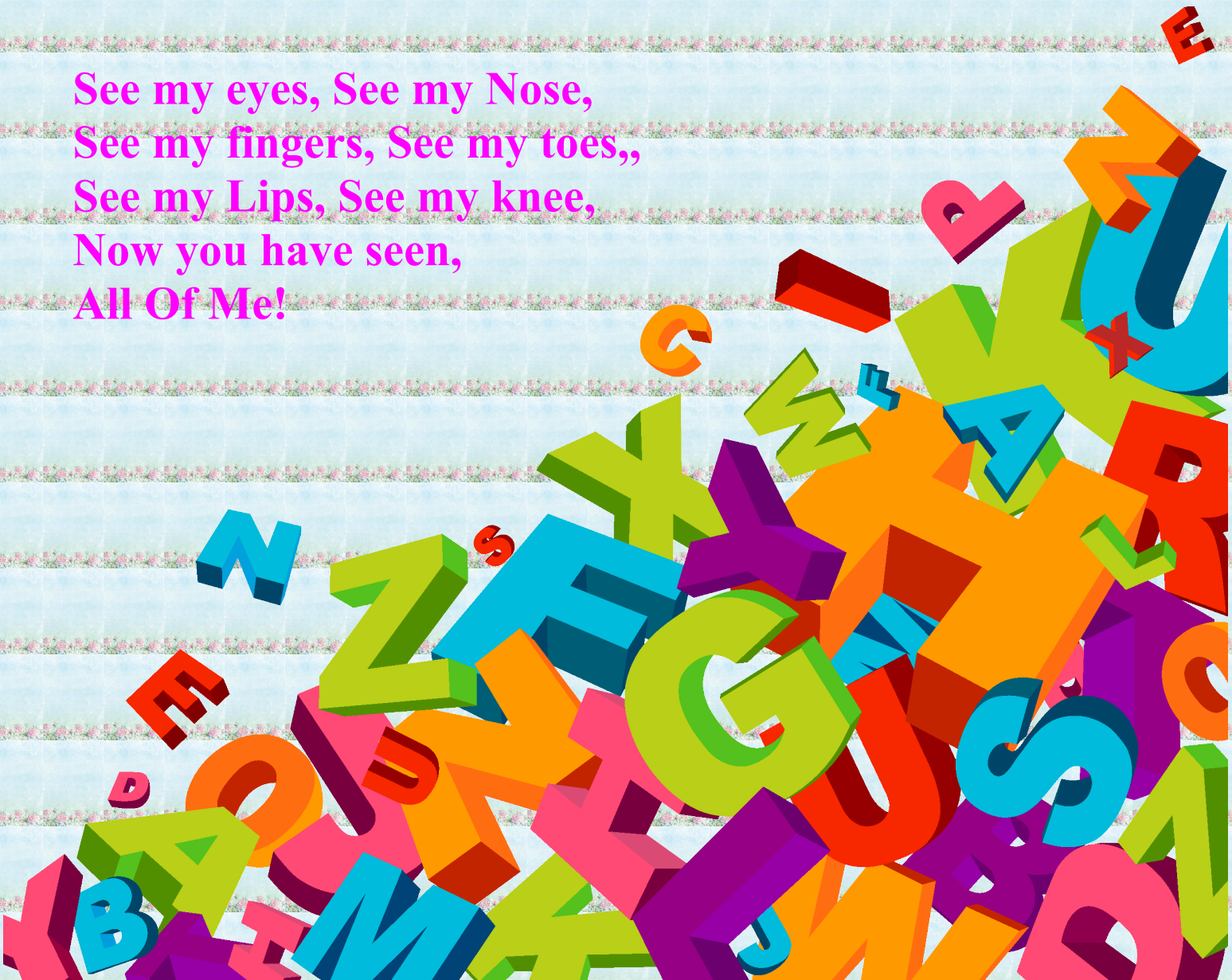
Moral Of the Story- Be Respectful to others, If you want to be respected.

Engaging English

It's **Rhyme Time** to recite "All Of ME".



See my eyes, See my Nose,
See my fingers, See my toes,,
See my Lips, See my knee,
Now you have seen,
All Of Me!





LANGUAGE LITERACY

ENGLISH

Prefix &
Suffix

Picture
Description

Learning the meanings of common prefixes and suffixes can help you understand unknown English words you come across. It can also help you become better at spelling words.

Comprehension

Composition



PREFIX & SUFFIX

Prefixes

dis

opposite of

re

again

un

not

A prefix is added to the beginning of a word to make a new word.

Suffixes

ful

full of

less






without

A suffix is added to the end of a word to make a new word.

A **prefix** is a group of letters placed before the root of a word. For example, the word "unhappy" consists of the prefix "un-" [which means "not"] combined with the root (or stem) word "happy"; the word "unhappy" means "not happy."

A **suffix** is a group of letters placed after the root of a word. For example, the word flavorless consists of the root word "flavor" combined with the suffix "-less" [which means "without"]; the word "flavorless" means "having no flavor."

Prefixes

<p>re- again</p>  <p>reread</p>	<p>un- not</p>  <p>unhappy</p>
<p>pre- before</p>  <p>prewrite</p>	<p>mis- wrong</p> <p>They They</p> <p>misspell</p>
<p>over- too much</p>  <p>oversleep</p>	<p>dis- not</p>  <p>disagree</p>
<p>im- not</p>  <p>impossible</p>	<p>non- not</p>  <p>nonfiction</p>

Suffixes

<p>-ful full of</p>  <p>colorful</p>	<p>-less without</p>  <p>fearless</p>
<p>-ed already happened</p>  <p>jumped</p>	<p>-ing happening now</p>  <p>sitting</p>
<p>-ly how it is done</p>  <p>slowly</p>	<p>-able able to</p>  <p>growable</p>
<p>-er more</p>  <p>taller</p>	<p>-est most</p>  <p>biggest</p>

For the Worksheets related to the same, kindly refer to the worksheets that would be shared.

Picture Description



A picture description is an ideal way of practicing your English vocabulary in all sorts of fields. And there's also a benefit for everyday life – imagine you want to show pictures of your family or home to your foreign friends.

Describing paintings or other art pictures (e. g. caricatures) is something for the advanced learner of English as you also have to talk about the artists intention and the impression on the viewer.

Read



There is a tall tree.
A bird is sitting on the tree.

This is a girl.
She is skipping.



This is a mouse.
It has a long tail.

This is a boy.
He is kicking a ball.



For the Worksheets related to the same, kindly refer to the worksheets that would be shared.

Composition



ENGLISH COMPOSITION IS AN EXCELLENT WAY TO DEVELOP CRITICAL THINKING, STRENGTHENING ARTICULATION AND EXPRESSIVE COMMUNICATION, AND IMPROVING WRITING SKILLS.

My favourite animal



My favourite animal is dog.

It eats **dog food**.

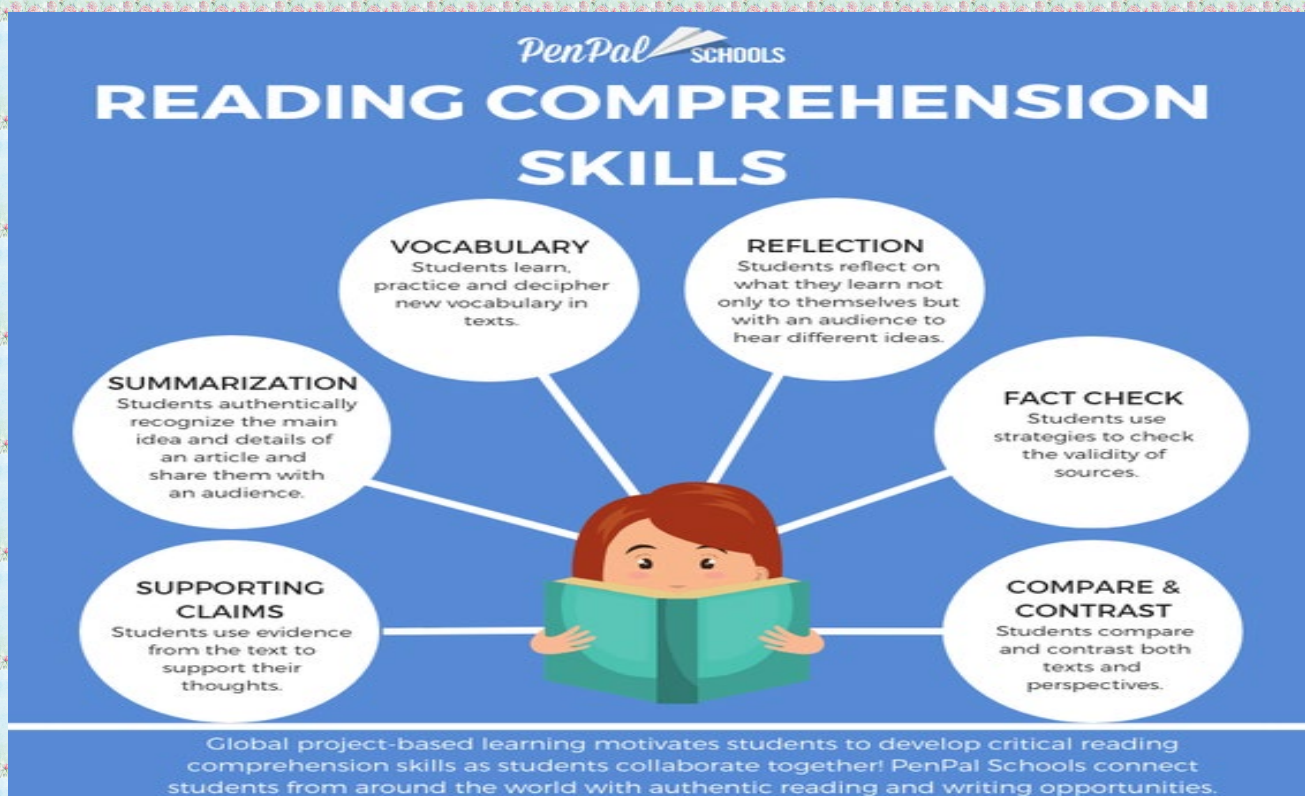
It lives in **my home**.

It likes the dog doll.



Comprehension

One big part of comprehension is having a sufficient vocabulary, or knowing the meanings of enough words. Readers who have strong comprehension are able to draw conclusions about what they read – what is important, what is a fact, what caused an event to happen, which characters are funny. Thus comprehension involves combining reading with thinking and reasoning.



For the Worksheets related to the same, kindly refer to the worksheets that would be shared.

Word Power

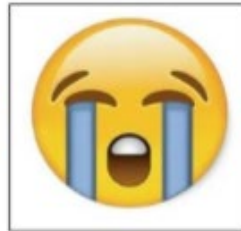
The letters from A-Z are used in various combinations to form words. These words have different meanings. These words help us to understand the language. They also help us to visualize different objects.

LAUGH



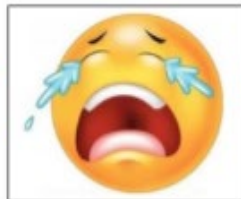
→ An action that shows someone is very happy

WEEP



→ Cry very loudly

WAIL



→ A long cry of pain

BUY



→ To get something by paying money for it

APPRECIATE



→ Praise



TOPIC – COMPOSTION ACTIVITY

CREATIVE CORNER- STUDENTS WILL DEPICT THEIR FAVOURITE ANIMAL THROUGH THIS ACTIVITY

**STUDENTS WILL MAKE MASK OF THEIR FAVOURITE ANIMAL AND
WILL SPEAK 5 LINES ON IT**

TOPIC – PICTIURE DESCRIPTION



**AS WE KNOW HOLI IS THE FESTIVAL OF COLOUR
SO LETS
DESCRIBE THIS PICTURE IN NOT MORE THAN 5 LINES**

हिंदी

हिंदी भाषा पुरे विश्व में सबसे ज्यादा बोलने में चौथे नम्बर पर आती है। लेकिन उसे अच्छी तरह से समझना, पढ़ना तथा लिखना यह बहुत कम संख्या में लोग जानते है। आज के समय में हिंदी भाषा के ऊपर अंग्रेजी भाषा के शब्दों का ज्यादा असर पड़ा है। आज के समय में अंग्रेजी भाषा ने अपनी जड़े ज्यादा घेर ली है। जिससे हिंदी भाषा के भविष्य में खो जाने की चिंताये बढ़ गयी है।

चित्र वर्णन

चित्र-लेखन की विशेषताएँ

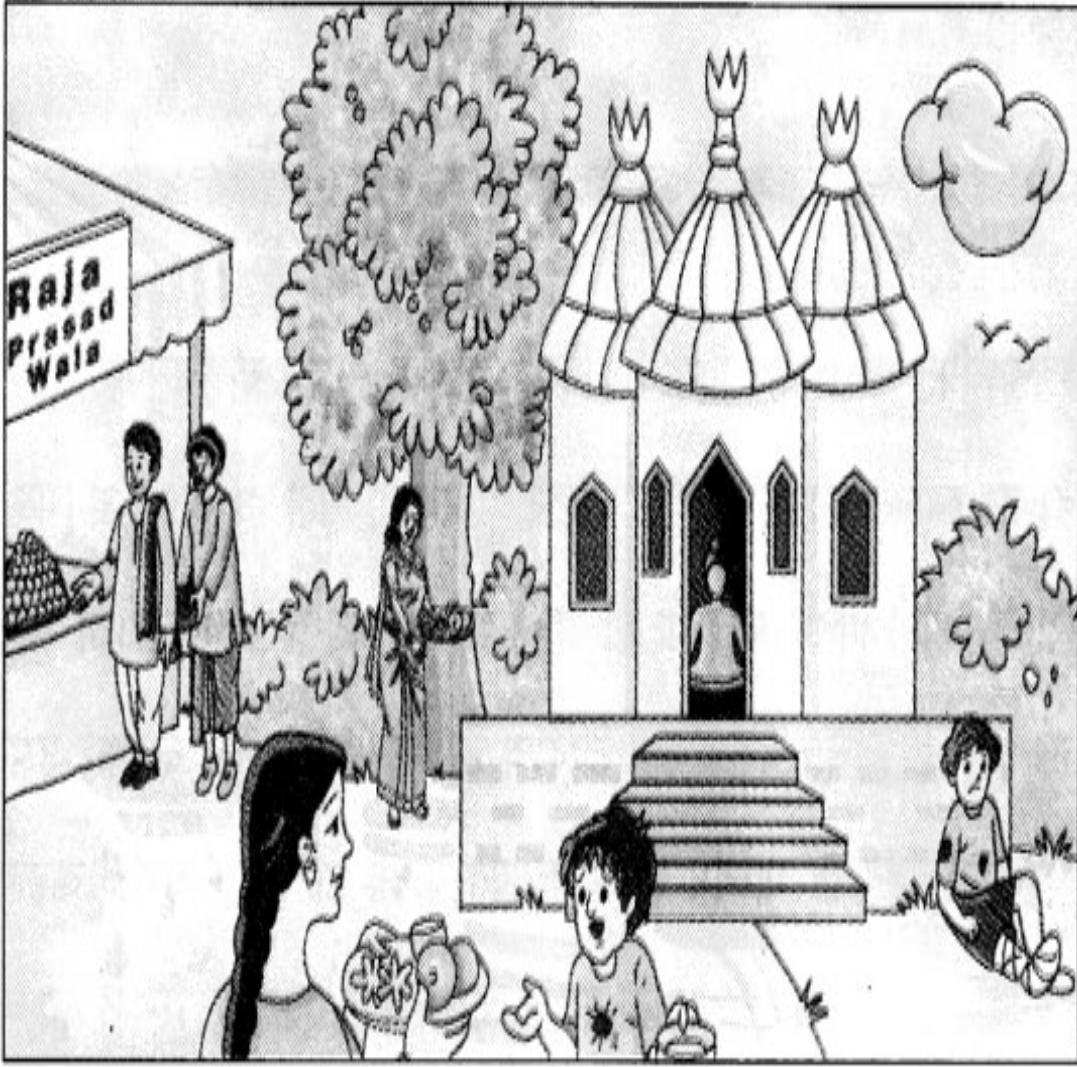
- पहले चित्र को बारीकी से देख लेना चाहिए।
- चित्र में नज़र आ रही मुख्य बातों को बिंदुओं में लिख लेना चाहिए।
- चित्र में दिखाई दे रही वस्तुओं का वर्णन करते समय उसमें अपनी कल्पना के रंगों को भरना चाहिए।
- चित्र में दिखाई दे रहे व्यक्तियों के मुख के हाव-भाव के आधार पर चारित्रिक विशेषताएँ, सुख-दुख व आशा-निराशा का वर्णन करना चाहिए।



गतिविधि

दिए गए चित्रों को देखकर 20-30 शब्दों में उनका वर्णन कीजिए।

1.





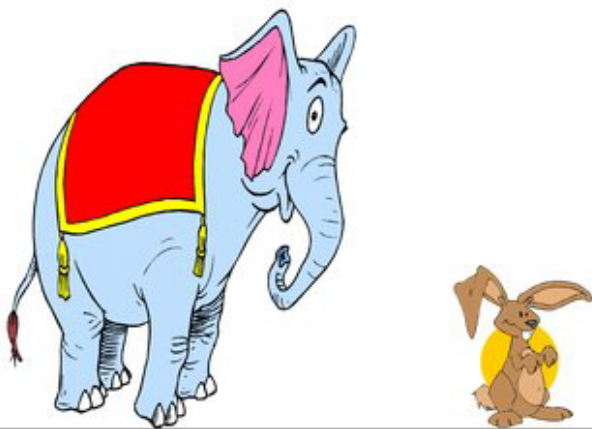
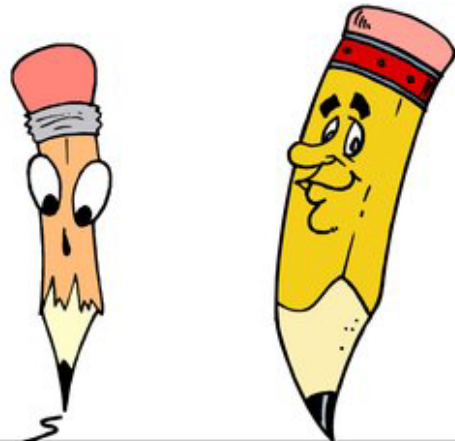
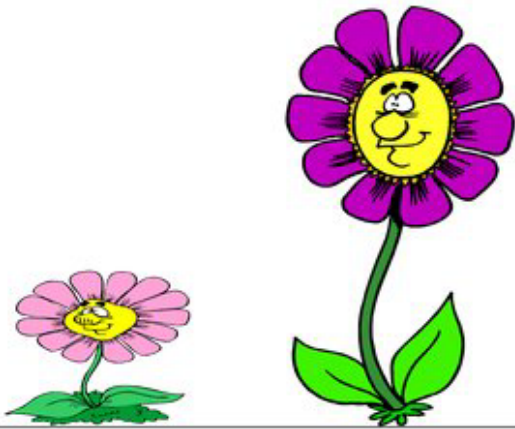
NUMERACY SKILLS

Long and
Short

Tall-
Short

Short and Tall

Directions: Circle the object in each box that is short.



WIDER AND
NARROWER



WIDE



NARROW

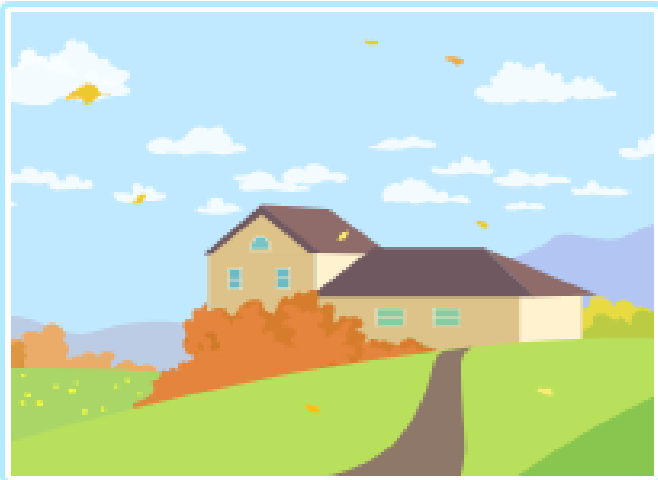


WIDE



NARROW

Which driveway is **narrower**?



BEFORE-
AFTER

Students will be able to order numbers from zero to 100, and describe the relationship between numbers using content-specific vocabulary.

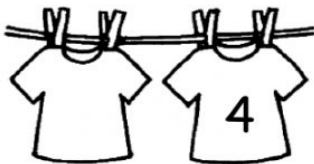
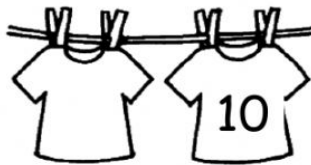
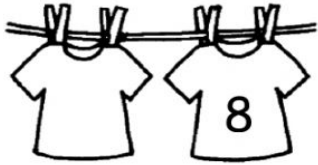


What number comes **before**?



Select the number **before**.

Use the number line to help you.

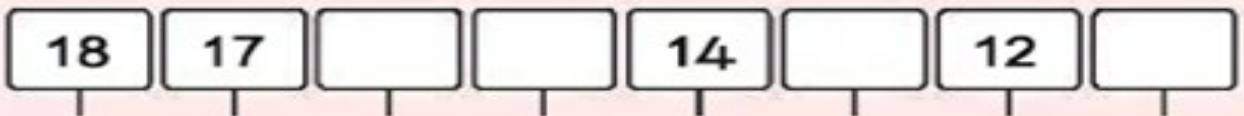
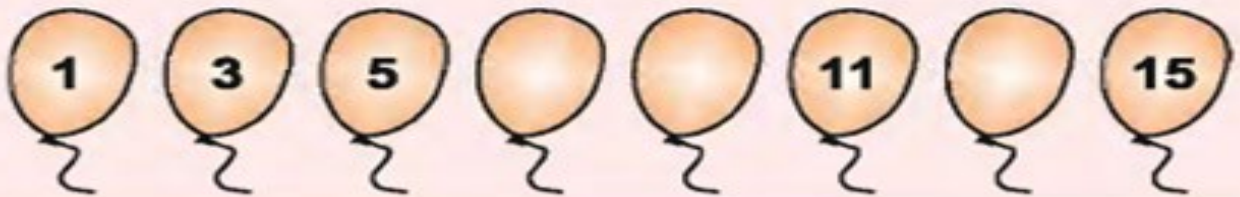
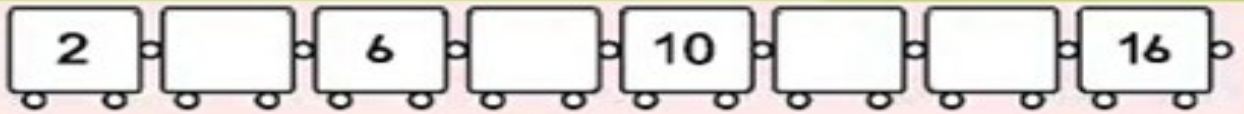


PATTERN IN NUMBERS

Number pattern is a pattern or sequence in a series of numbers. This pattern generally establishes a common relationship between all numbers.

For example:

0, 5, 10, 15, 20, 25, ...



NUMBER 51 - 100

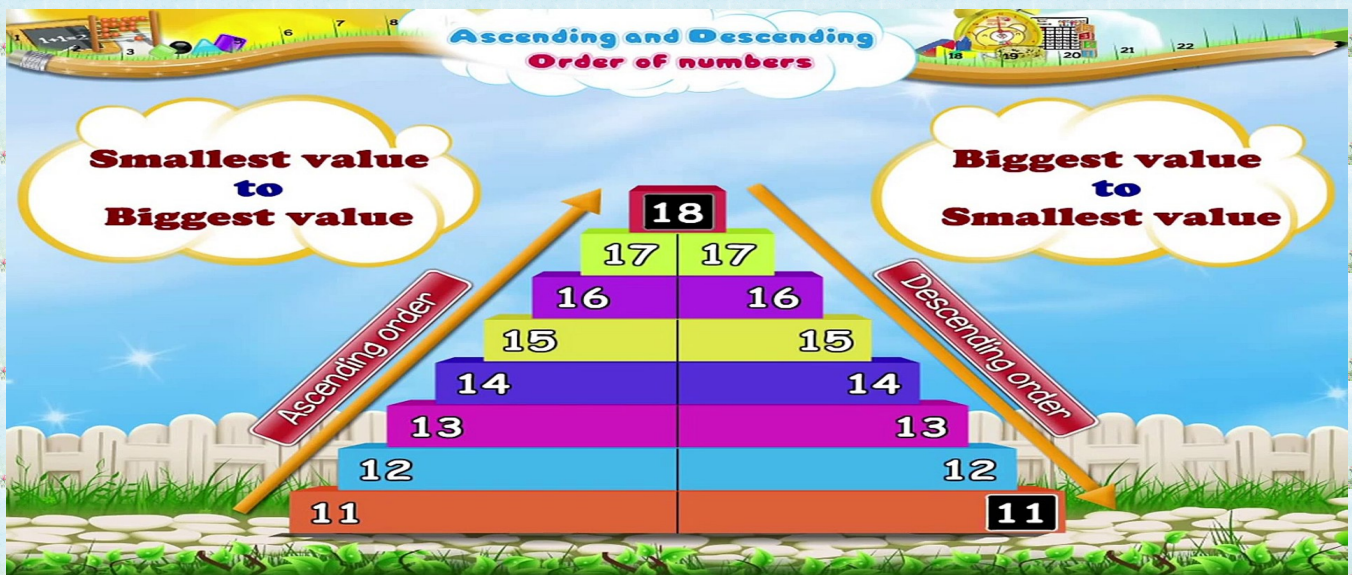
LEARNING OBJECTIVES

Knowing the numbers and number names from 51 to 100.

- *Understanding the place value of numbers from 51 to 100.*
- *Ability to count, compare and order numbers from 51 to 100.*
- *Ability to solve simple real life problems.*

51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

ASCENDING AND DESCENDING ORDER



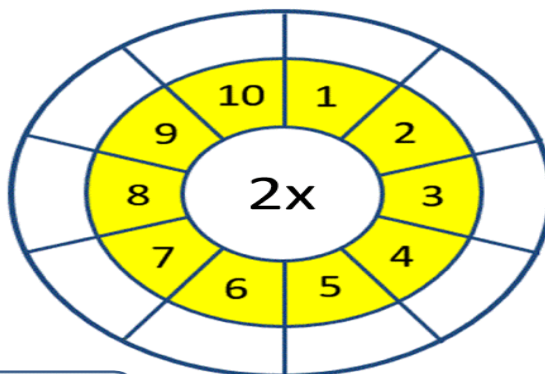
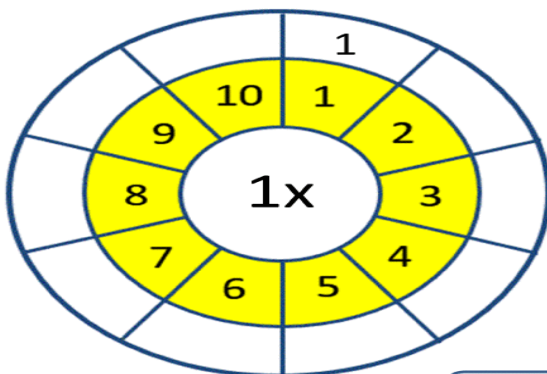
Activity Time

Dear Students, Do this **CIRCLE TIME**.

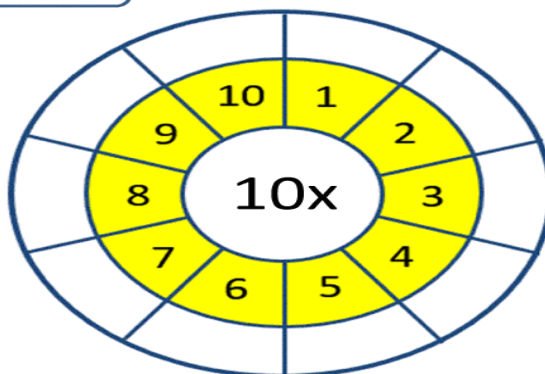
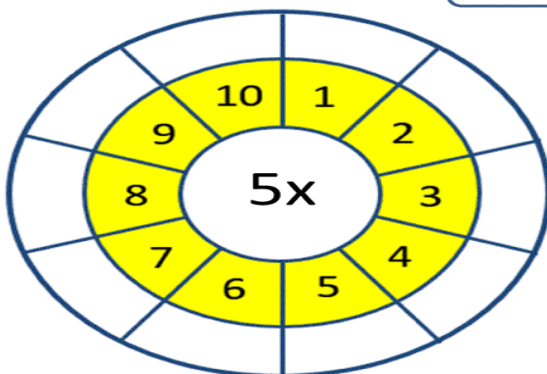
Name _____

Date _____

CIRCLE TIMES TABLES 1,2,5 AND 10 SHEET 1A



UP TO X10



Free Math Sheets, Math Games and Math Help

MATH-SALAMANDERS.COM

ENVIRONMENTAL STUDIES

The major objectives of EVS teaching learning is to enable children to:

- learn about the environment
- learn through the environment
- develop sensitivity

IN THE SKY

STAR

CLOUDS

MOON
SUN
RAINBOW
BIRDS





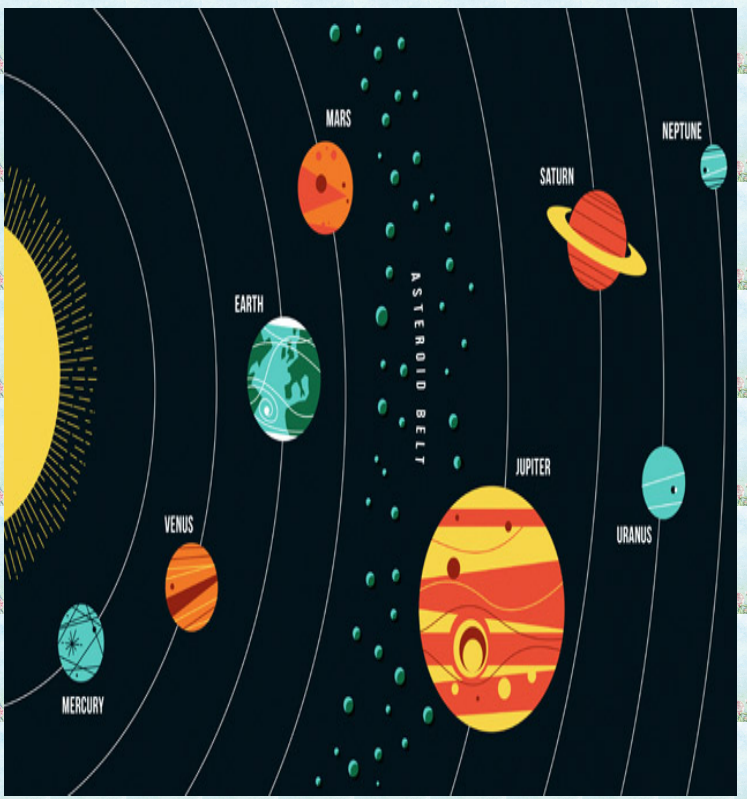
OUR EARTH

Earth Day Song

{tune: Twinkle, Twinkle}

Earth Day, Earth Day,
Comes once a year.
But we should make our
message clear.
Love and clean our Earth
each day.
Make that plan a plan to
stay.

Earth Day, Earth Day,
Comes once a year,
Love and care for our
Earth so dear.



ACTIVITY TIME

Dear Kalakaars,

It's time to show your creativity

ACTIVITY



From the pictures, write the names of the things which appear in the sky in the box given below :



.....

.....

.....

FIT MAPSIANS TO FIT INDIA

Exercise helps children to vent out their excess energy in the right way. Most children feel calm and relaxed after exercising.

It's no news flash that kids need exercise in their lives.

In fact, we're all probably pretty aware of the fact that increased physical activity helps children build healthy bodies and prevent chronic disease. And we also know that helping our kids to love movement sets them up to be stronger and healthier teens and adults.

[\(78\) 9 Min Exercise For Kids - Home Workout - YouTube](#)

Exercise For Kids
Home Workout

1 min
2 min
3 min

2/20
Back Turns

NEXT >

Rest

Exercise For Kids
Home Workout

1 min
2 min
3 min

4/12
Squat

Rest